



Staying Home When Sick and Isolation Guidelines

(as of September 1, 2022)

Manitoba is in pandemic response GREEN (limited).
The guidelines below are specific to all students attending Gray Academy of Jewish Education.

Staying Home When Sick

- Students must stay home from school when sick.
- If a student begins to display any COVID-19 related symptoms at school, they will be isolated and parents will be notified and required to pick up their child(ren).

Assessing Symptoms

Use the chart below to assess your child's symptoms, next steps for testing, **isolation** & return to school.

Column A – ONE Symptom:

Does your child have new onset, or worsening of, any **ONE** of the following symptoms?

Fever >38°C or subjective fever/chills
Cough
Sore throat/hoarse voice
Shortness of breath/breathing difficulties
Loss of taste or smell
Vomiting or diarrhea for more than 24 hours

Column B – TWO Symptoms:

Does your child have new onset, or worsening of, any **TWO** of the following symptoms?

Runny nose
Muscle aches
Fatigue
Conjunctivitis (pink eye)
Headache
Skin rash of unknown cause
Nausea or loss of appetite

COVID-19 Testing

If a student has **ONE** symptom in column A or **TWO** symptoms in column B:

- The student should be **tested for COVID-19**. If the student is:

Positive for COVID-19	Negative for COVID-19	Not Tested
Follow the isolation guidelines below before returning to school.	Return 24 hours after symptoms have been improving.	It will be treated as a positive case of COVID-19 and isolation guidelines must be followed before returning to school.

The school has Rapid Antigen tests available. If you need one, please contact the school office at grayacademy@grayacademy.ca or call 204-477-7410 (ext 0) and we will send one home with your child or make one available for pick up.

Isolation Guidelines

Isolation guidelines when a student tests positive is determined based on **symptom status**.

No Symptoms:

- **5 days** following a positive test, and a mask to be worn for 5 days following return.

Symptomatic:

- **5 days** following the day symptoms started or following the date of the positive test (whichever is later) and must **continue to isolate until there is no fever and other symptoms** have been improving over the past 24 hours. A mask is to be worn for 5 days following return.

Returning to School Following Isolation

A student is able to return to school:

- Once they have completed their period of **isolation**.
- They no longer have a fever.
- Their symptoms have been improving over the past 24 hours.

Lingering symptoms (i.e., loss of taste and smell, lingering cough) may be present after the period of isolation and are not reasons to continue isolation. In some instances, a physician's note may be needed prior to return to school.

Cases in School

Should there be an escalation of COVID-19 cases, the school will contact Public Health for consultation.

While there has been a provincial change in reporting cases in schools, cases at Gray Academy will be reported (by grade) using the [Gray Academy COVID-19 dashboard](#) (password protected). This will be updated by 4:30 p.m. daily.

If your child(ren) will be absent from school due to illness or isolation, please use the [Student Absence Form](#) found on the Gray Academy Website.